



# SOLID FOUNDATION Chiropractic



Dr. Brock Van Dyke

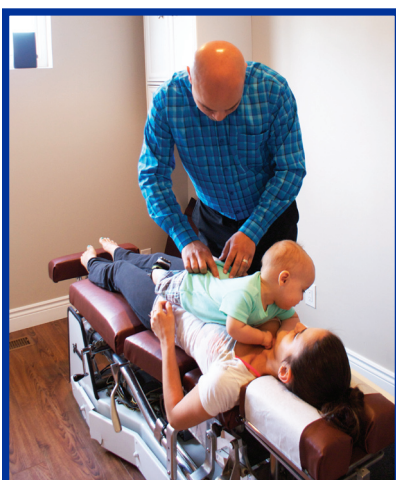
5687 Tecumseh Rd. East, Windsor | 519-948-4000 | [www.solidfoundation.ca](http://www.solidfoundation.ca)

Solid Foundation Chiropractic is a family-oriented clinic that strives to produce stronger, happier, healthier families throughout the Windsor area while focusing on corrective chiropractic care to ensure you and your loved ones can function at your best!

**Chiropractic Care Is for Pregnant Women?** Dr. Brock has helped several pregnant women whose babies were in the breach position. He is trained in a technique called Webster's Intrauterine Constraint Technique, which involves gently adjusting the rotation in the pelvis and muscular release of the round ligament. Through this technique, many women have been able to realize their birth plans and have home water births. Last year, one of his patients was able to conceive whom the doctors said would be unable to. Chiropractic care is amazing! Chiropractic is a friendly, family-oriented, and drug-free form of health and wellness care that works even if you don't have pain. Best of all, it's appropriate for virtually any age or activity level. There is no better time than childhood to start building a strong foundation for future wellness.

**How Chiropractic Works:** The human body is a self-healing, self-regulating organism controlled by the central nervous system. Millions of instructions flow constantly from the brain down the spinal cord and out to every organ and tissue. Any interference to that system will impede the body's ability to heal and regulate itself. Unfortunately, improper motion or position of the moving bones of the spine can cause critical signal interference.

Dr. Brock detects and corrects vertebral subluxations (misalignments in the spine) to restore the body's innate ability to heal itself. Specific spine adjustments can help improve mind-body communications. Poor posture, falling while learning how to walk, smartphone use, slips, gymnastics, sports, and even the birth process cause misalignment to the spine.



### Chiropractic Care Is for Children and Babies?

Absolutely! "We see just as many kids as we do adults. We have pediactricks and equipment, pregnancy pillows, and a children's area where they can read and feel comfortable," Dr. Brock explains. He has trained with the International Chiropractic Pediatric Association (ICPA), and strongly believes that every child should have his or her spine checked immediately after birth. Research shows that up to 135 newtons of force for up to 51 seconds were exerted on a fetus' head during what is supposed to be a natural birth process. "My patients understand that they should have their newborns checked only hours after birth." View the research: [www.solidfoundation.ca/chiropractic-babies](http://www.solidfoundation.ca/chiropractic-babies).

Numerous chiropractors have found dramatic results with babies suffering from colic, bed-wetting, asthma, attention deficit disorder, motor abnormalities, sleep problems, and even torticollis. The benefits of chiropractic even extend to school-aged children. "We're making sure everyone's nervous system is free of interference so they can grow up healthy, excel at sports and music, and concentrate at school."

Chiropractors are the only professionals adequately trained to detect and correct spinal misalignments. No one, especially a growing child, should go without getting his or her spine checked regularly. See the process at [www.solidfoundation.ca/chiropractic-babies](http://www.solidfoundation.ca/chiropractic-babies). Come in and get checked today!

## A Gift of Health Pass

Our clinic is pleased to offer you the opportunity to receive a consultation, complete initial chiropractic examination, electronic posture scan, and report of findings for only \$35 (\$80.00 value).

Bring in this health pass and you will receive a full initial checkup for only \$35!

Call 519-948-4000 to make an appointment  
Offer expires July 31, 2015.



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